



PASSPORT TO
SUCCESS

REMOTE LEARNING KS1 ENRICHMENT



SHIRELAND
COLLEGIATE ACADEMY TRUST

WHO ARE WE?



PASSPORT TO SUCCESS

Passport To Success is a scheme set up by our Enrichment Team at Shireland Collegiate Academy Trust.

The scheme was set up for parents and carers of our students who attend schools within our Trust to recognize outstanding contributions to school and family life and the local community.

During this national Lockdown it is difficult to find activities to keep children entertained. This booklet is packed full of different activities including music art, and some well-being activities.



Please contact us!

We are here to support you, if you are struggling and need the extra support, please do contact us. We understand that this national lockdown is difficult for all, so we are here if you need us, even if its for a quick chat.

Mr Daniel Donaldson

Email: Daniel.donaldson@collegiateacademy.org.uk

Phone: +447734993092

Miss Emma Billingham

Email: emma.billingham@collegiateacademy.org.uk



PASSPORT TO
SUCCESS

LOCKDOWN HOME SCHEDULE

NAME:

CLASS TEACHER:

MON	TUES	WED	THURS	FRI

NOTES:





ENGLISH KS1

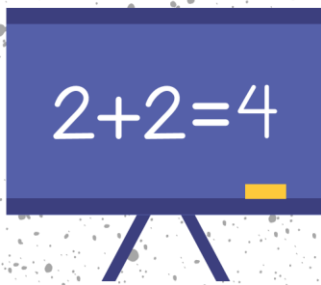
Here are some Top Tips for reading with your child at home.

As we all know, there is a lot more to reading than just reading! Here are some tips to help during reading sessions with your child at home.

- What is happening? Talk about what is happening in the pictures before you read the text. What can you see?
- Discuss the meaning of words. Use a dictionary to get your child used to exploring words for themselves.
- Discuss alternative words. For example, 'big'. Ask your child to think of another word that means the same, e.g., 'huge' (use a thesaurus).
- Make predictions. What do you think will happen next? What makes you think that? Start at the end of the book. What do you think has happened before this point? Why do you think that?
- Discuss feelings. How do you think the characters are feeling? What has made them feel this way?
- Where is the story set? Have you read another story with the same setting? For example, 'We're Going on a Bear Hunt' by Michael Rosen and 'The Gruffalo' by Julia Donaldson are both set in the woods.
- Discuss the problem in the story. What has happened? What went wrong?
- Discuss the resolution. How was the problem solved? Is there another way it could have been resolved?
- Fact or fiction? Is this book a story book or a non-fiction book? How do you know? What have you learnt? What do you know now that you didn't know before reading the book?

During Reading

- Encourage children to use expression when reading, especially for the voices of different characters.
- Discuss the punctuation on the page, for example, exclamation marks. Ask: what are these for? What should you do when you see an exclamation mark?



MATHS KS1

Here is a couple of simple math games which you can do with the family.

Game 1:

Dice Addition 4-in-a-Row

You will need:

2 dice

2 different coloured sets
of 13 counters

The aim of the game is to get
four of your own counters in
a row.

Roll the two dice. Add the
numbers together and place
a counter on that number.
Take it in turns until a player
wins or the board fills up.



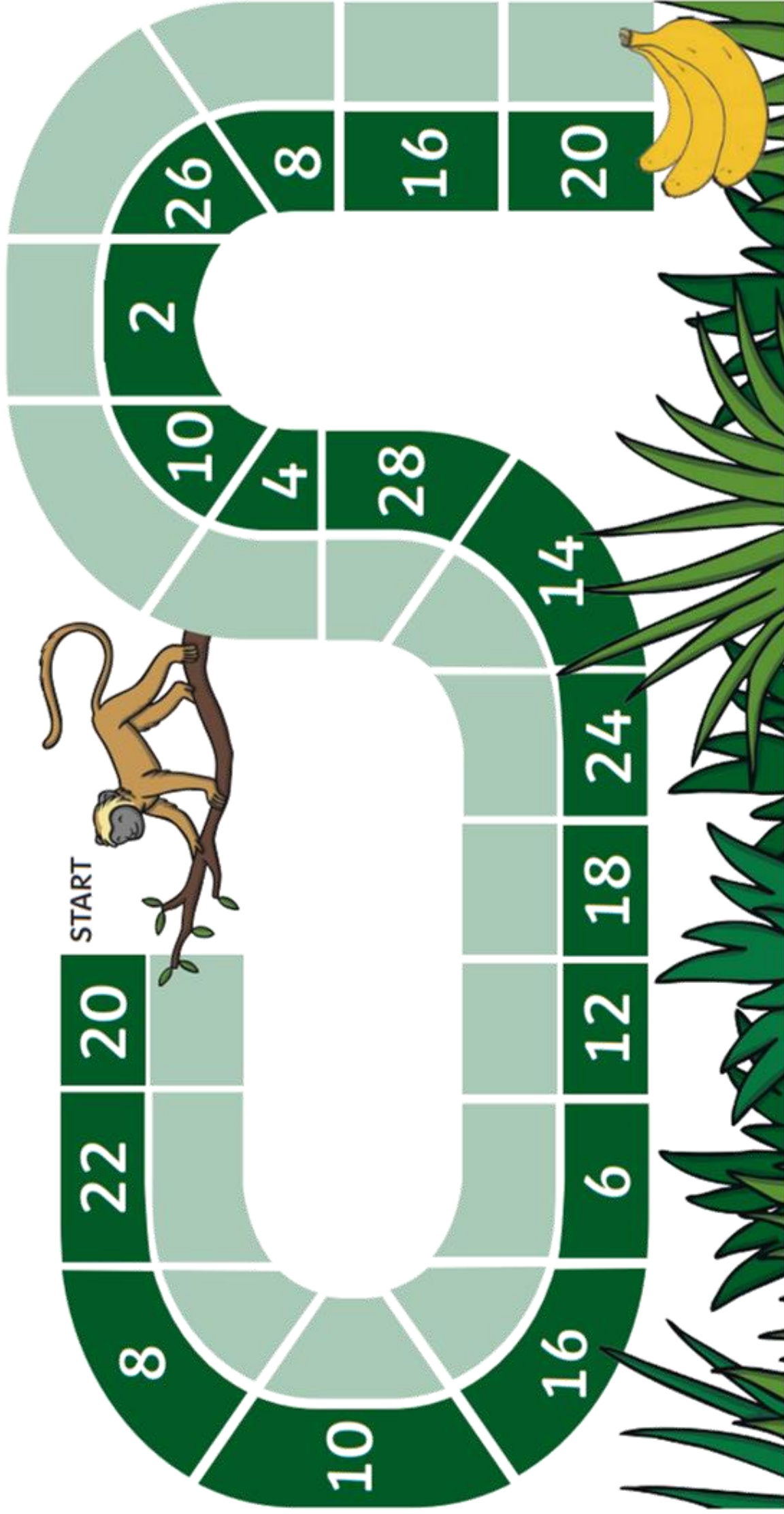
2	5	10	8	3
4	11	6	4	10
5	7	2	12	8
11	6	4	9	5
12	3	8	6	9

Game 2:

Halving Jungle Race

How fast can you halve? Halve the numbers on the track and write the answers as you go.

Use a timer to see how long it takes you to get to the bananas!



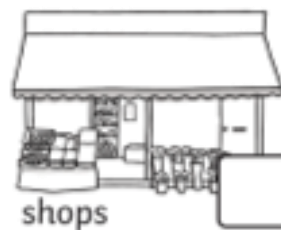
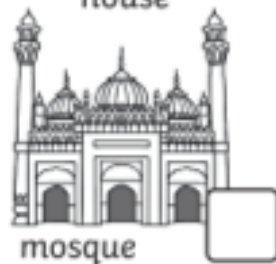


OUTDOOR ADVENTURE

Go out for a local walk and see if you can spot all these buildings in your local area.

Our local area is called _____

Tick the types of buildings you see as you walk around.



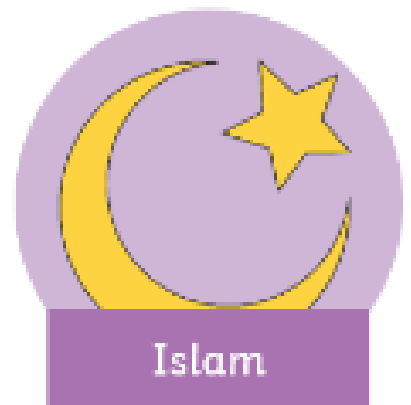
Here are some other things I saw.



WORLD RELIGION DAY

**World Religion Day is celebrated on the third Sunday in January every year.
It is celebrated with the aim of promoting interfaith understanding and
harmony**

Below are the six main religions in the UK.



Do you know anything about any of these religions?

Have seen any of their places of worship in your local area?

Do you know any people who are a part of any of these religions?

Check out the next page for a quick activity about places of worship!



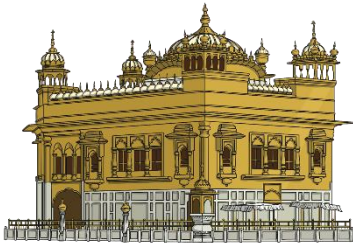
WORLD RELIGION DAY

Places of worship

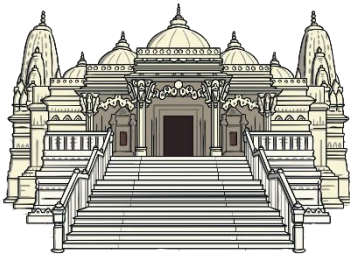
Can you match these places of worship to their correct name



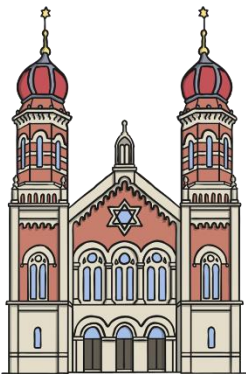
Mosque



Church



Synagogue



Church



Mandir



MUSIC

Make a Musical Instrument Activity

Can you make your own musical instrument? You might want to make a shaker, a drum, a guitar or something else of your own choice.

Here are some resources you may want to use. Remember you can think of your own ideas too.



Kitchen roll

Elastic bands of different thicknesses

Plastic or paper cups

Boxes of different size

Lentils or other dried beans

Tissue paper

Scissors

Glue

Tape



What funky music can you make with objects around your home?



Be as creative as you can be!

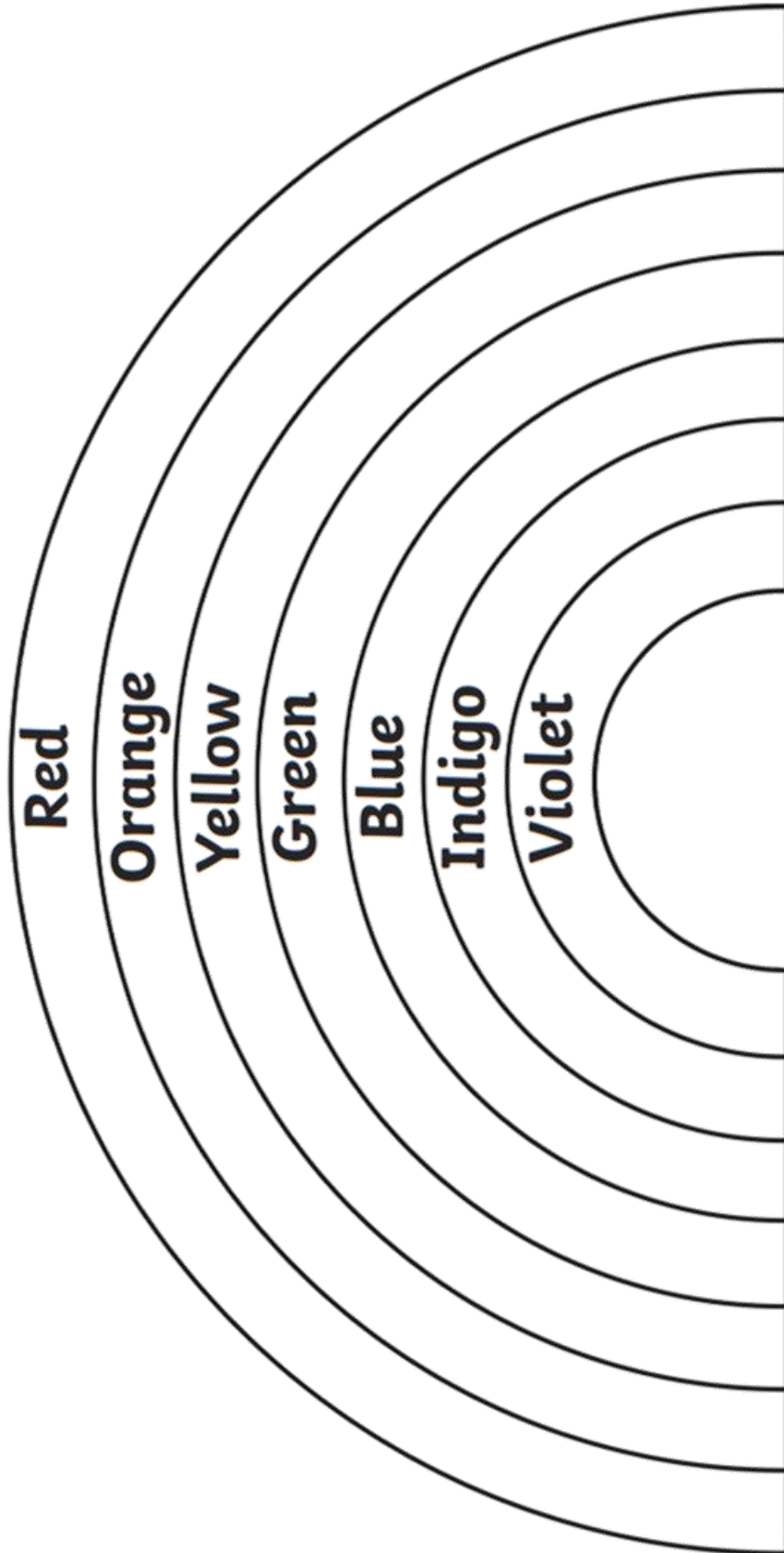


ART

NHS Rainbow

Below is a template to make your own NHS Rainbow, this helps children recognize colours and once finished you can put it in the window to help support the NHS!

The Rainbow





WELL-BEING

Relaxation spinning wheel

The relaxation spinning wheel is designed to give young people ideas on how to relax/. This can be used to calm down after a behavior incident or when a young person is feeling anxious or stressed, which during this uncertain time can happen quite often.

You will need to make the relaxation spin wheel below. Please cut it out and put a split-pin in the middle. Encourage the young person to spin the wheel and practice doing the relaxation exercise together





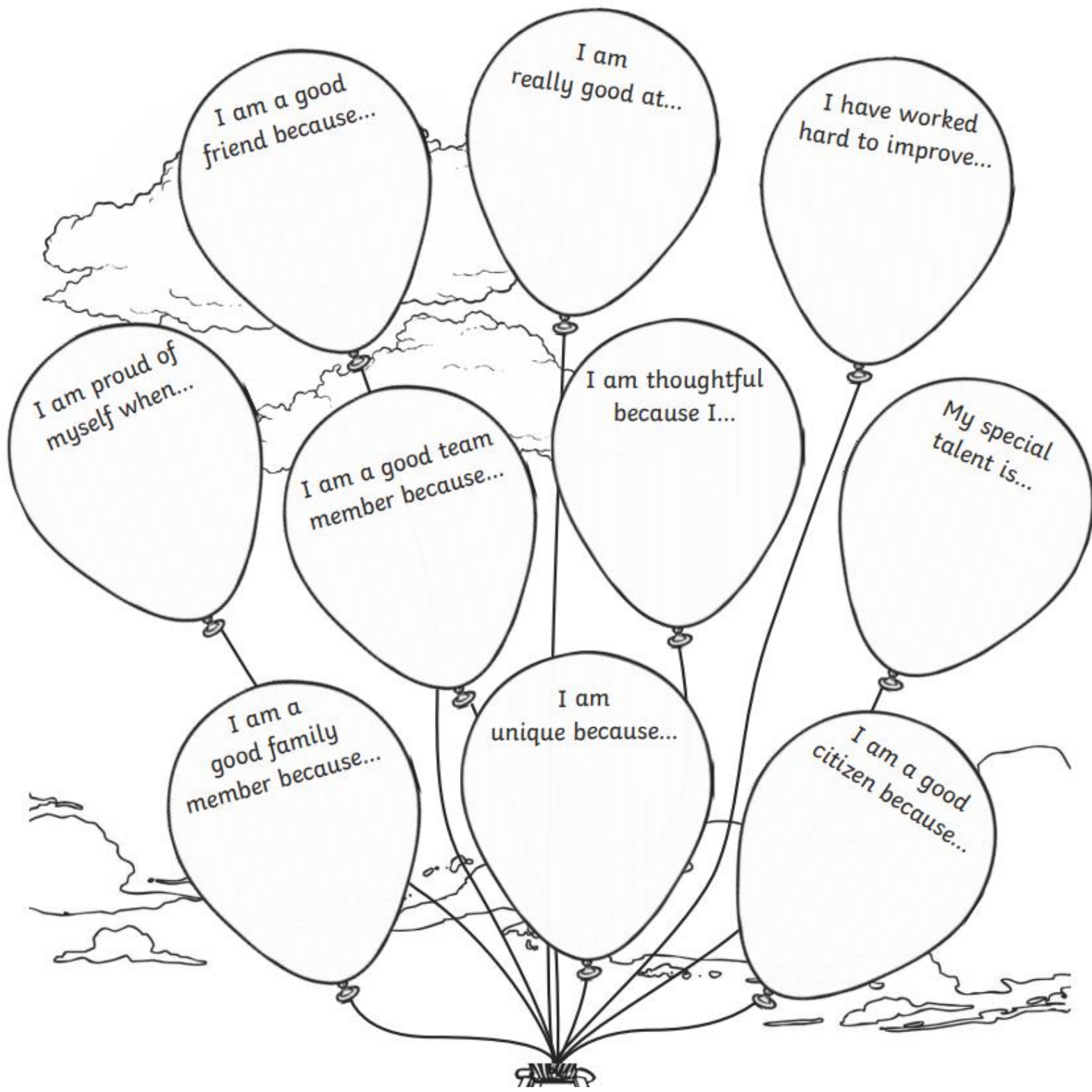
WELL-BEING

I Am an Amazing Person!

During this lockdown it can be difficult not just for adults but for children as well.

It is important to focus on the positives and not on the negatives.

Complete the sentences below to help you realize how many special qualities that you have and how much these talents are valued by others.





WELL-BEING

My Happy Place

Sometimes, people may feel sad, worried, angry, or lonely. There are many ways that you can manage these difficult emotions during this lockdown. This activity encourages you to think about people, places and objects that make you happy.

Think about all the things that make you happy and why they make you happy.

For example, my best friend makes me happy because they make me laugh and help me to forget about feeling sad.

Then whenever you feel sad you can look back at your drawing and hopefully it will help you feel happier when you are feeling difficult emotions.





WELL-BEING

Resilience Flashcards

Do you find it hard when you have to cope with something that makes you feel scared, worried, upset or confused?

Most young people will feel like this and they will sometimes need help to feel better.

These are some flashcards which can help deal with difficult emotions.

Try some of the ideas and see if they work for you. If you have any other ideas, there is a blank flash card so you can draw or write your idea on it.

**Think about
what makes
you happy
every day.**

**Be brave- try
something
totally new that
you have never
done before.**

**Take a deep
breath in, then
breathe
slowly.**

**Write or draw
all the people
that care
about you.**



WELL-BEING

**Think about
the last time
you laughed.**

**Think about the
last place you
went to that
made you feel
calm and happy.**



BOREDOM BUSTERS

Bored at home? Below is list of activities that you and your family can do at home.

Tick of the ones that you complete during this lockdown. How many can you complete?

1) Indoor Camping- Make a fort/tent out of blankets	
2) Baking/Cooking- can you make a snack or a meal?	
3) Make a simple bird feeder	
4) Make your own Treasure hunt around the house	
5) Make a family tree- Add photos and stories about each other	
6) Make a show for your family. You could make up a story to tell everyone, sing or preform a dance	
7) Learn the alphabet in sign language!	
8) Have a video call with a friend or family member	
9) Make a colorful poster to hang in your window to display to people who pass by.	
10) Gather a selection of colorful items from around the house. Can you arrange them to look like a giant rainbow?	
11) Create your own bowling set	
12) Guess the animal- without making any noises, act like an animal for others to identify.	
13) Create an old looking treasure map or letter by using tea or coffee to stain a piece of paper.	
14) Make a time capsule. What would you put inside to open in one, five, ten years' time?	
15) Pretend to be a teacher- can you teach your family something you learnt at school?	
16) Home dance class- look online to find a dance routine to learn or create your own routine to your favorite song	
17) Have a cinema day at home!	
18) Make a simple bird feeder	
19) Group Yoga class- Take turns to lead a session. Silly poses welcome!	
20) Drawing session- spend family time creating artwork of pets, family members or your favorite animals. Create your own art gallery to display your artwork	