

APPENDIX 4: Primary curriculum

The RHE curriculum has been designed from EYFS to Year 6, using the guidance and content programmes of study from RHE Consultancy (RAISE) and the PSHE Association's quality assured Christopher Winter Project (CWP). There is time built into the curriculum in our academies for the delivery of a RHE curriculum.

The CWP's 5th edition of 'Teaching RSE with Confidence in Primary Schools' reflects the Statutory Guidance for Relationships, Sex and Health Education.

CWP have devised new lessons, increased our focus on families, relationships, safeguarding/keeping children safe and added additional units on Respect and Equality and Female Genital Mutilation (FGM). This resource encourages children to develop the skills of listening, empathy, talking about feelings and relationships with families and friends.

DfE Guidance states that by the end of Primary School, pupils should meet criteria under the following topic headings:

- Families and people who care for me
- Caring Friendships
- Respectful relationships
- Online Relationships
- Being Safe

We ensure RHE is a progressive, age-appropriate curriculum which has high-quality teaching and learning and is adapted to suit the needs of the pupils; we use the CWP programme to enable this.

In Reception we focus on families and friendships. From Year 2, children will learn the names of the body parts, the differences between males and females and the ways in which they will develop and grow. Importantly, they will also learn to recognise unsafe and risky situations and to ask for help.

From Year 2 onwards, the curriculum continues to develop their knowledge and skills as they learn about the physical and emotional changes of puberty and about reproduction.

| Year Group | Topic | Lesson Content |
|-------------------|----------------------------------|--|
| Reception | Family and friendship | <ul style="list-style-type: none">• Caring friendships• Being kind• Families |
| Year One | Growing and caring for ourselves | <ul style="list-style-type: none">• Different friends• Growing and changing• Families and care |
| Year Two | Differences | <ul style="list-style-type: none">• Differences• Male and female animals |

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| | | <ul style="list-style-type: none"> • Naming body parts |
| Year Three | Valuing Difference and keeping safe | <ul style="list-style-type: none"> • Body differences • Personal Space • Help and support |
| Year Four | Growing up | <ul style="list-style-type: none"> • Changes • What is puberty? • Healthy relationships |
| Year Five | Puberty | <ul style="list-style-type: none"> • Talking about puberty • The reproductive system • Help and support |
| Year Six | Puberty, relationships and reproduction | <ul style="list-style-type: none"> • Puberty and reproduction • Communication in relationships • Families, • Online relationships • FGM |

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