

Easter Activity Booklet KS3



WHO ARE WE?



PASSPORT TO SUCCESS

Passport to Success is a scheme set up by our Enrichment Team at Shireland Collegiate Academy Trust.

The scheme was set up for parents and carers of our students who attend schools within our Trust to recognise outstanding contributions to schools and family life and the local community.

During the national lockdown it is difficult to find activities to keep children entertained. This booklet is packed full of different activities for the Easter break.



Please contact us!

We are here to support you.

If you are struggling and need any advice or support, please do contact us.

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APRIL FOOLS' DAY

April Fools' Day is celebrated in most countries on 1st April every year. It is a fun-themed day of mischief where people play practical jokes, pranks, hoaxes and tricks on each other mainly on friends, family, colleagues' classmates and neighbours.

When someone reveals their prank, they shout "April Fool!" and the victims of the jokes are called the 'April fools'.

The Unwritten Rules:

- It should be light-hearted
- The pranks **should not** hurt anyone
- It should be funny to **all** involved, including the victim



Traditions in other countries:

- In **Scotland**, people celebrate 'Gowkie Day' which is named after the gowk, a symbol of a fool.
- In **Poland** it is a day when people tell each other lots of jokes.
- In **France, Italy, Belgium**, and French-speaking areas of **Switzerland** and Canada, the tradition is often called 'April Fish' and people try to attach a paper fish to the victim's back without them noticing.

*April fool's gone
past,
You're the biggest
fool at last;
When April fool
comes again,
You'll be the
biggest fool then!*





EASTER ACTIVITIES

Why do people celebrate Easter?

Easter is the oldest and most important Christian festival. It is to celebrate the death and coming to life again of Jesus Christ.

People celebrate in many ways. Churches are often filled with flowers on Easter Day- these represent new life.

In Greece, fireworks are sometimes used to start Easter service.

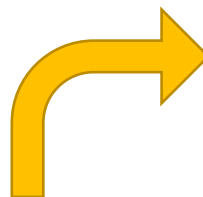


OTHER WAYS TO CELEBRATE EASTER

Easter Egg Hunt



Having a meal with family



Sending Easter Cards



EASTER ACTIVITIES

Easter Baking Activities

Why not give it a go!



EASTER ROCKY ROAD

Ingredients

- 175g/6oz dark chocolate, broken into pieces
- 125g/4½oz milk chocolate, broken into pieces
- 2 tbsp golden syrup
- 75g/2¾oz unsalted butter, diced
- 160g/5¾oz sugar-coated mini chocolate eggs
- 200g/7oz digestives or rich tea biscuits, broken into pieces
- 75g/2¾oz mini marshmallows
- 50g/1¾oz hazelnuts, roughly chopped
- 75g/2¾oz raisins

Method

Line a 20x30cm/8x12in baking tin with baking paper.

Place the dark and milk chocolate pieces in a large heatproof bowl and add the golden syrup and butter. Set the bowl over a pan of barely simmering water but do not allow the bottom of the bowl to touch the water. Stir from time to time until the butter and chocolate are melted, and the mixture is smooth. Remove from the heat and leave to cool for 5 minutes – if this is too hot the marshmallows will melt.

Cut the chocolate mini eggs in half (leaving a few whole) and set aside one third of the eggs, including the whole ones for decorating. Gently fold in the chocolate eggs, biscuits, marshmallows, nuts, and raisins into the chocolate mixture and mix to combine. Spoon into the prepared tin and spread level using the back of the spoon. Scatter with the reserved whole and halved mini eggs.

LOOKS YUMMY





RAMADAN



Ramadan

Ramadan is a period of ritual fasting. It marks the time when the Quran (their holy book) was revealed to the Prophet Muhammad.

During Ramadan, most Muslims fast. This means they are not allowed to eat or drink during daylight hours. When fasting, they feel hungry and thirsty, which reminds Muslims of people in the world who are less fortunate than themselves. They begin to understand what it must be like for people who don't have much to eat and because of this, many give money to the poor.

Muslims will often have a meal called suhoor before sunrise and another called iftar after sunset.



Some Muslim children will have a Ramadan advent calendar.

The calendar is usually made from fabric or cardboard and will have 29 or 30 doors or pockets to open, each with a number to 30 on. Inside each one is an action to complete. These are usually ways you can help other people and treat them with kindness.



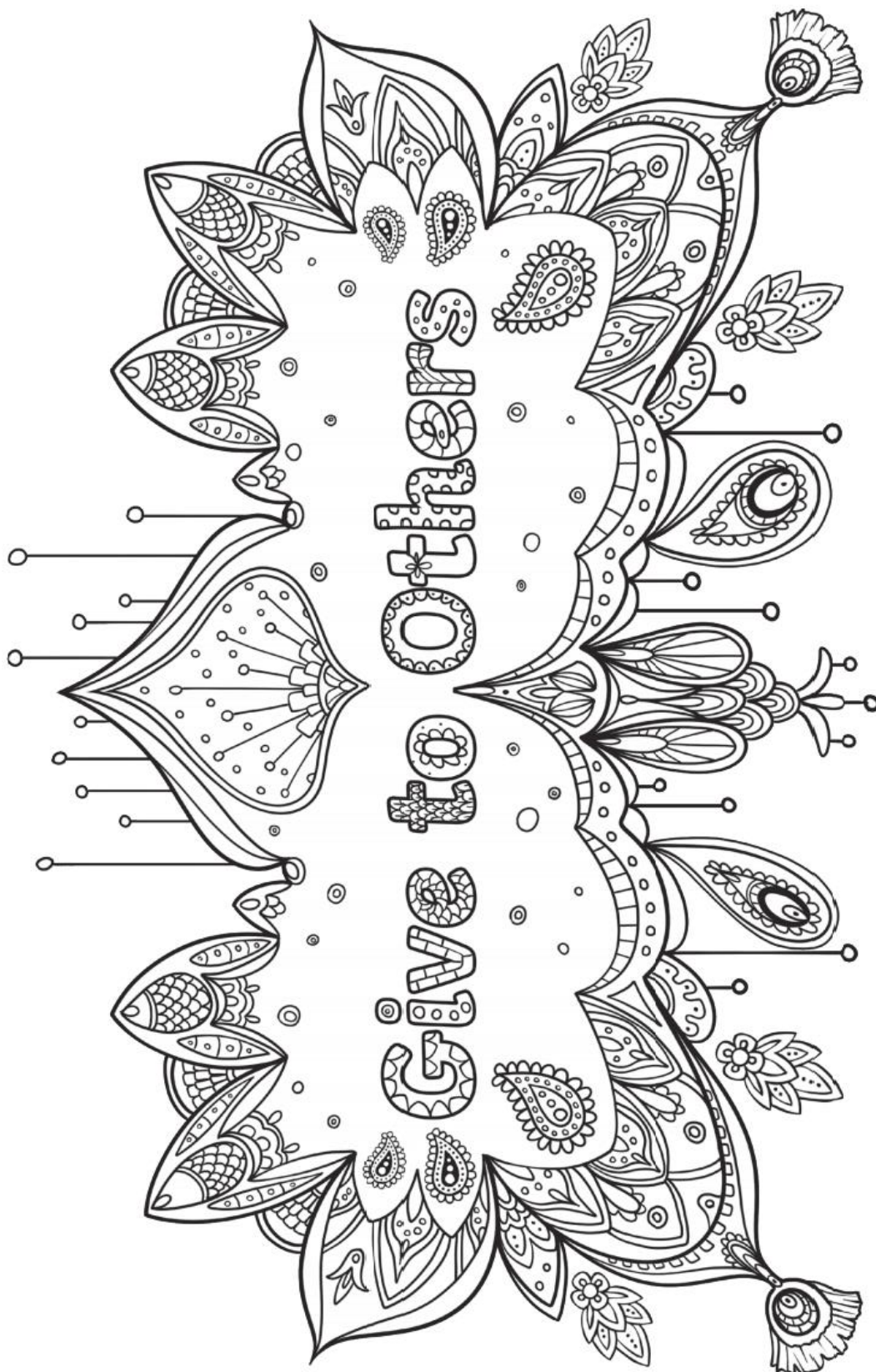
Helping others and doing good deeds is an important part of Ramadan. Sometimes, this means giving money to charities or people that need help. It can also mean being kind, giving your time and sharing what you have.



RAMADAN

Ramadan mindful colouring page

Be as colourful as you can be!





OTHER ACTIVITIES



LEARNING ABOUT THE ARTS



Several theatres are live streaming their productions during lockdown. Try the **Bristol Old Vic's At Home series**.

<https://bristololdvic.org.uk/at-home>

Likewise, the **Royal Ballet** is uploading full productions to its YouTube page.

Build a website!

Why not learn to code? **Code Academy** offers free coding classes online. You could build your first ecommerce site or start a blog!

<https://www.codecademy.com/>

If you fancy having a YouTube channel but are too shy to put yourself out there a podcast might be a good alternative. It's super easy to get started, and podcasting is really taking off right now. Podcast.co allows you to download a pretty comprehensive guide with no obligation to sign up

<https://www.podcast.co/>

Google Arts and Culture has a huge rabbit hole of art, architecture, and cultural nuggets to fall down. So much to learn!

<https://artsandculture.google.com/>

EXPLORING TECHNOLOGY



Take an online photography course.

There are courses in smartphone photography that focus on capturing interesting angles and concepts and using natural light. Why not check it out and see what different photos you can take!



OTHER ACTIVITIES



KEEPING ACTIVE

Still bored? Why not check out some yoga videos online. Yoga is a great way to relax and start the day and can be done on your own or in groups outside.

Here are a few yoga videos to get you started:

<https://youtu.be/J8Z-gnvCP2o>

<https://youtu.be/dF7O6-Qablo>

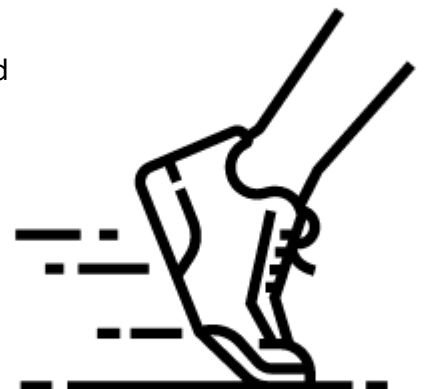
Free live Personal Training: live workouts with a personal trainer A great way to get some free exercise with an expert!

<https://www.facebook.com/groups/2517411235177611/>

Interested in running but don't know where to start. Why not try the Couch to 5K challenge?

It's a brilliant challenge for beginners and there is a great plan of how to slowly get to that 5K on the NHS website.

<https://www.nhs.uk/live-well/exercise/couch-to-5k-week-by-week/>





OTHER ACTIVITIES

BOREDOM BUSTERS



1) Plant something- It's a great time to grow some plants!

2) Do some baking. Cakes, Hot Cross Buns – so many recipes

3) Start a 'Get Active' challenge with your family

4) Go camping in the back garden

5) Plan a walk or a cycle ride

6) Read one book- It can be fiction, non-fiction or even a comic book

7) Play an at-home scavenger hunt

8) Host a themed movie night- Disney, superheroes, animation etc.

9) Make a scrapbook/journal

10) Do an Easter Egg Hunt

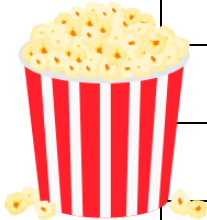
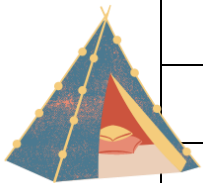
11) Go on a photo walk- set a list of things to photograph and see if you can find them

12) Have an at home spa

13) Learn to read a road map

14) Write a letter to a friend or relative

15) Try to learn a few words in a different language



Hi!

嗨

Hola!



PASSPORT TO SUCCESS

NEXT TERM!

With restriction slowly being lifted we are hoping that next term we will **FINALLY** be able to launch some fun activities and workshops- that don't include a digital screen!

We will begin to start visiting schools in the next term and will be organising fun activities for the whole family to take part in. Taking part in the Passport to Success scheme also means you will get a **NEW!** Passport to Success booklet. Each activity and workshop that you take part in earns you a stamp in your booklet. The more stamps you collect the bigger & better the prizes.

To find out more about Passport to Success check out our Support for Families' page:

<https://www.shirelandcat.org.uk/support-for-families/>

Or

Email a member of the Enrichment team.

PRIZES!



PASSPORT TO SUCCESS BOOKLET

