

Helping you to understand and support  
your child/young person  
before, during and after diagnosis.

**Support  
Groups**

**Advice  
Sessions**

**Helpline**

**1:1  
Outreach  
Support**

**Workshops**



**Sandwell**  
Metropolitan Borough Council

Autism West Midlands Sandwell Family Services is  
funded by Sandwell Metropolitan Borough Council

# Sandwell Family Outreach Support



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**Angela Styles**



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We provide specialist autism advice and support to Sandwell Families before during and after diagnosis.

## Parent/ Carers Support Groups

Our support groups take place at various locations across Sandwell as well as online. Here you can meet other parents and carers, listen to guest speakers, access information and resources and much more! We also have a Sandwell Facebook Support Group:

<https://www.facebook.com/groups/216396772950515>

## 1:1 Advice Session Appointments

Our advice session appointments take place at various locations across Sandwell, online and over the telephone. Here you will gain 1:1 specialist autism advice and guidance from one of our autism outreach workers.

## 1:1 Outreach Support

Our 1:1 outreach support takes place in the family home or online. These sessions are for parents and carers who have already attended an advice session who require more intensive support.

## Workshops

Our workshops take place at various locations across Sandwell and online. These sessions will help increase your knowledge and understanding around autism and help you to support your child/ young person and increase your confidence.

## Helpline

Our helpline welcomes calls from parents, autistic adults, carers and professionals who live in the West Midlands. Callers will find experienced, understanding staff who offer a listening ear and who can provide information about autism and local support services.

**Tel: 0121 450 7575 or Email: [info@autismwestmidlands.org.uk](mailto:info@autismwestmidlands.org.uk)**

Alternatively please contact:

Email: [sandwellfamily@autismwestmildands.org.uk](mailto:sandwellfamily@autismwestmildands.org.uk)

Tel: 0121 450 7575